

## Egg substitute vs the real thing

At three weeks of age, the nursing pups from mother rats fed a commercial egg substitute averaged 31.6 gm in weight. Pups from mothers fed with whole egg or commercial laboratory chow averaged 66.5 gm and 70 gm, respectively. Both the mother and the pups fed the egg substitute had diarrhea within one week; the other animals were not so afflicted. The pups fed the two egg mixtures were weaned at five weeks. The general appearance of the rats fed the egg substitute indicated a gross deficiency in one or more nutritional factors. Moreover, all pups receiving the egg substitute died within three to four weeks after weaning.

MEENA KASMAII NAVIDI, M.S., and FRED A. KUMMEROW, PH.D., University of Illinois, Urbana. Nutritional value of Egg Beaters<sup>®</sup> compared with "farm fresh eggs." *Pediatrics* 53:565-566, 1974.



*Appearance of weanling rats fed shell eggs (left) or commercial cholesterol free egg substitute (right).*